

# THERMO MASK LEMON

## FOR ALL SKIN TYPES

### Directions for use

#### PREPARATION PHASE

Cleanse skin with a cleanser and a lotion according to skin type

Remove dead cells with **FACIAL or GENTLE EXFOLIATOR**  
Or use the **PEEL MASK** which contains pineapple and grapefruit enzymes.

How to use the Peel Mask: Apply the **Peel Mask** with finger tips or a brush.  
Apply steamer **without ozone** for **5-10 minutes**, then massage lightly with moistened finger tips to remove dead cells. Rinse skin with lukewarm water.

Apply steamer with ozone for 10 minutes.

Extract impurities by your normal method. Rinse with a lotion.

Apply the healing and antiseptic **BIO AROME "E"** essence on the prepared skin.

Apply **EYE CONTOUR SERUM** or **EYE ZONE INTENSIVE CARE**  
on the eye contour area.

#### TREATMENT PHASE

1. Massage skin with an ampoule or a serum of your choice (see list) until complete absorption.
2. Apply a thick layer of the appropriate cream or cream mask (see list) on the face and neck. The eyebrows should be well covered.
3. Protect eyes with cotton wool pads moistened with warm water or Gentle Toner. Cover face with cotton gauze, leaving openings for nose and mouth.
4. Preparation of the THERMO MASK - Mix in a bowl:  
**1 whole packet of Thermo-Mask  
+ 100 ml lukewarm water**
5. Apply the mask rapidly with a spatula. When the mask begins to harden, cover with a towel for 10 minutes for quicker heating. **Remove the mask after 20 minutes.**
6. Cleanse the skin with lukewarm water and then rinse with **GENTLE TONER.**
7. Complete the treatment by applying **BIO ACTIVE, HYDRO SENSITIVE** or **NOURISHING CREAM.**

#### Products to use with the THERMO MASK LEMON:

PRODUCTS TO USE	Serum/Active Fluid	Cream /Cream Mask
Mature, ageing wrinkled skin	Repair Serum or Retinol+Vitamin C Ampoule	Nourishing Cream or Nourishing Mask
Oily, acne-prone skin	Balancing Serum or Iris Ampoule	Green Clay Mask
Sagging, slackening skin	Multi Vitamin Serum or Elastine Ampoule	Toning Mask
Sensitive, irritated skin	Sensitive Serum or Azulen Ampoule	Hydro Sensitive Cream or Marin Mask
Tired, intoxicated skin	Revitalizing Serum or Cavier or Ginseng Amp.	Bio Active Cream or Oxygen Mask
Dry skin	Multi Vitamin Serum or Collagen Ampoule	Nourishing Cream or Moisturizing Mask